

WORLD UNION OF KARATE-DO FEDERATIONS

"Together we can do the best Karate in the WORLD"



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First

BELGIUM ENSIVAL CUP

LFKB **15/10/2017** 



Kata - Kumite

**Children
Cadet
Junior
Senior
Veteran**

info : www.lfkb.be
Inscription: ca@lfkb.be
(before 30/09/2017)

FREE ENTRY

Credits Photos : © Fred Kin



Centre sportif Albert Moray
Rue des Chapeliers, 2 - 4800 VERVIERS



CATEGORIES

Kata

**6-7 years, 8-9 years, 10-11 years, 12-14 years, 15-17 years,
+ 18 years, + 21 years, Masters (36-41 years and + 42 years),
Team.**

Less 15 years (You can make a mixed team)

More 15 years (You can make a mixed team)

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Kumite

Nihon

6-7 years, 8-9 years, 10-11 years, 12-14 years

Sanbon

**Sanbon Individuel: 15-17 years, 18 years, +21 years,
Veteran (+36 years)**

**Sanbon team: 12-14 years, 15-17 years, + 18 Years,
+21 years, Veteran (+36 years)**

Sanbon rotation: 15-17 years, + 18 years, +21 years

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Ippon

Ippon Individuel:

Cadet : 15-17 years

Junior : 18-20 years

Senior : +21 years (-75 kg)

Senior : +21 years (+75 kg)

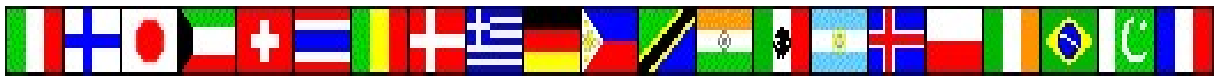
VETERAN : +36 years

**Ippon team : 15-17 years, + 18 years, + 21 years,
VETERAN**

**Ippon rotation: 15-17 years, + 18 years, + 21 years,
VETERAN**

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RULES :

Kata and Kumite

<http://www.wukf-karate.org/upload/rules/Rules-and-Index-Revision-17-March-2017-English.pdf>

OFFICIAL WUKF KATA LIST

<http://www.wukf-karate.org/upload/rules/WUKF-Official-KATA-List-rev-06-March-2017.pdf>